# Friday Night at the Movies

Come join in for a Movie

Cost: \$5.00 per person 7—9pm

January 12 Cars (G)

January 26 Over the Hedge (PG)

February 9 Aqua Marine (PG)

February 23 Ice Age-The Melt Down

(PG)

March 9 Robots (PG)

March 23 Angels in The Outfield (PG)

Bring your own floatation devices or use our

limited supply. Practice cards & passes not

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accepted for this event.



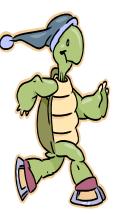
Department of Natural Resources and Parks

Renton Pool

16740 -128 Ave SE

Renton, WA 98058-5531

Phone: 206-296-4335 www.metrokc.gov/parks



# Renton Pool

Winter Schedule 206-296-4335

January 2 -

March 31, 2007

# **Up Coming**

April's Pools Day

April 21, 2007

1:00-3:00pm

Water Safety fun, activities and free swim









Department of Natural Resources and Parks

## Swim Lesson Information

We are proud to offer the American Red Cross Learn To Swim Program at the Renton Pool. The Red Cross is the national leader in aquatics training. Many of our instructors learned to swim at this pool themselves and have gone through our instructor aide program prior to becoming staff members. You can trust the 90-year history of the American Red Cross and the commitment to excellence of King County Parks employees.

#### Mornings 9:30-11:30 Afternoon 1:00-2:00

Morning/afternoon classes are available all sessions. Note: \*January class is a 3 week class.

(3 weeks)

**Tues/Thurs** 

Mon/Wed

*Jan 8–24 <u>Evenings</u> <b>5:00</b> -		*Jan 9—25 <b>7:00</b>
Mon/Wed	(5 weeks)	<u>Tues/Thurs</u>
Jan 8—Feb 7		Jan 9—-Feb 8
Feb 12-Mar 14		Feb 13-Mar 15
Mar 19-Apr 18		Mar 20-Apr 19

Private Lessons: Need extra help on a specific skill or more individual attention? Renton Pool offers Private and Semi-Private swim lessons on Friday evenings and Saturday mornings. Some Private lessons can be scheduled at different times if we have pool space and instructors availability. Call 206-296-4335 to sign up or discuss other time options or special situations.

**Private lesson:** 1 student \$25.00 1/2 hr lesson

**Semi-Private:** more than 1 student \$20.00 each 1/2 hr lesson

#### Water Exercise

**Water Exercise.** One hour shallow and deep water exercise

classes are offered on a drop-in basis for people age 15 and above. No swimming ability is necessary.

**Shallow Water:** The low impact aerobic workout is designed to increase strength, flexibility and energy.

**Deep Water:** Deep water exercise participants will wear a buoyancy belt and use other floatation equipment. The workout is offered in a zero impact environment and focuses on developing balance, endurance and flexibility while progressively increasing cardiovascular fitness.

#### Water Exercise Instruction

<u> 1 hour</u>
Adult\$6.25
Senior\$4.75
Adult Card\$61.50
Senior Card\$42.00

#### Pool Passes

Save money while you swim! Check with a staff member to determine how much you can save. Passes make great gifts and are good at all King County Parks Swimming Pools!

	3 Months	<u>1 Year</u>	
Youth	\$107.25+tax	\$312.00+tax	
Adult	\$156.75+tax	\$456.00+tax	
Senior(62+)	\$107.50+tax	\$273.00+tax	
Disabled	\$ 82.50 +tax	\$260.00+tax	
Family	\$275.00+tax	\$624.00+tax	

## **Winter 2007**

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<u>Hours</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
6-7:30 am	Early Riser Lap Swim					
7:30-8:30 am	Pool Maintenance					
8:30-9:30 am	Shallow Water Exercise	Deep Water Exercise	Shallow Water Exercise	Deep Water Exercise	Deep Water Exercise	
9:30-11:30 am	Lessons M/W	Lessons T/TH	Lessons M/W	Lessons T/TH	Rentals Available	
11:30- 1 pm	Lap Swim 11:30-1:00  *Family Swim 12-1 (*Shallow End Only)		12–1 pm Lap Swim			
1– 2 pm	Lessons M/W	Lessons T/TH	Lessons M/W	Lessons T/TH	Rentals Available	<b>1-2 pm</b> Public Swim
2:15– 5 pm	High School Swim Teams			2-3 pm Promo Swim \$2.00		
5– 6:45 pm	Chinook Aquatic Club					
5-7 pm	Lessons M/W	Lessons T/Th Deep Water X 6-7 pm	Lessons M/W	Lessons T/Th Deep Water X 6-7 pm	6-7 pm *Family Swim (shallow)	Rentals Available 3-8 pm
7-8 pm	Promo Swim \$2.00	Public Swim	Public Swim	Promo Swim \$2.00	Public Swim **7-9 pm Movie Night Last Friday of every month	
8-9 pm	Lap Swim & Water Exercise	Lap Swim & Adult Lessons	Lap Swim & Water Exercise	Lap Swim & Adult Lessons	Rentals Available	
*Shallow Er	nd Only		**Movie Night	Last Friday of ev	ery Month	

## **Swimming Pool Fees**

General Admission Fees (Per hour)

#### **Public and Family Swim**

Youth\$	3.25
Adult\$	3.25
Senior	3.25
Person with Disability\$:	2.50

## Promotional Swim.....\$2.00

#### Adult/Lap Swim

<b>Shower Only</b> \$3.25
Person with Disability\$3.50
Senior\$3.50
Adult\$5.00
Youth\$4.75

## **Swimming Accessories**

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Reusable Swim Diaper	.\$10.00
Nose plugs	\$5.00
Shampoo 8oz	\$7.00
16oz	.\$12.00
Conditioner 8oz	\$7.00
16oz	\$12.00

Sample size shampoo/conditioner.....\$1.00

Goggles.....\$6.00

Caps.....\$3.00

#### **Pool Rentals**

Pool Rentals are great for family reunions, birthday parties, church groups, and scout groups. Groups receive exclusive use of the pool, with lifeguards. Rentals are available Saturdays, beginning at 3 pm and Sundays, beginning at 1pm for hourly group or private parties. We can customize your party to make it an unforgettable occasion. Along with the exclusive use of the pool, you can choose the extras you desire, such as a party room, Water walkway, The Purple Thunder Express our water slide and party packages, including party bags. . Party pricing is dependant on the options you choose to make this a memorable day. Call Renton Pool 206-296-4335 to plan your party and waves of fun for everyone!

#### **Pool Rental Fees:**

Size of Group	Fee Per Hour
1-25	\$100.00
26-60	\$130.00
61-90	\$160.00
91-120	\$200.00
121 +	\$240.00
If Available—	
Water Walkway	\$24.00
Purple Thunder Express	\$40.00
Party Room	\$47.00
Party Packages	\$40.00
(Includes 10 party bags)	
Additional Party Bags	\$6.00 ea